



Food Service Work Option Program

Participants in the Food Service Work Option will work directly in the kitchen in a hands-on environment. During food service, participants will be responsible for preparing the daily lunch and sweets, along with learning a variety of topics including:

- Preparation of daily lunch and desserts
- The importance of food safety
- Knife skills
- Using standardized recipes
- Cooking methods
- Nutrition

“I heartily recommend that you never stop trying to improve and also help improve the lives of those who are touched by you. I very much recommend goal setting for the power it brings into my life. The journey has been significantly enriched for help from the staff of Options, my family and great friends.”